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PRESENTING A CASE

1. Identifying Information: *Sex, age, school or job status, physical description, speech, living situation and any impressions at first glance (ex: body posture).*

2. Presenting Problem: *Why did the child (or family) come to therapy in the first place? How long has the situation existed? What were the surrounding circumstances at the beginning of the situation, and what has the course been up to the present?*

3. Relevant Developmental and Family History: *Brief information - important points. Include any significant medical history, previous therapy. Give description of family and quality of relationships as you see it.*

4. Description of Person's Current Functioning: *Intellectual, emotional, social, affect, mood, resistance level.*

5. Theoretical and Practical Issues Involved as You See Them: Indicate any normal life-cycle issues, family system, pathological evidence, high risk situations.

6. Treatment Goals

7. Interventions and Treatments Used So Far

8. Present Status of Case

a. Areas of difficulty

9. What Do You Need or Want From This Case Discussion?